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## WHAT IS CLAIMED IS:

- A method for fabricating a film, the method comprising: supplying electrical energy to a gas mixture of noble gas and reactant gas at a total pressure of 90 kPa to 110 kPa to create reactive species, the reactive species forming a film on a substrate.
- The method of claim 1, said energy being supplied to the gas mixture by electric power in a frequency range of 1 kHz to 100 MHz.
- The method of claim 1, one of helium, argon, neon krypton, xenon or
  one of a mixture of at least two chosen from a group consisting of helium, argon neon,
  krypton and xenon being used as noble gas.
- The method of claim 1, temperature of the substrate on which said film is to be formed being in a range of 25 to 500°C.
- The method of claim 1, the film being silicon dioxide or having a composition close to silicon dioxide.
- The method of claim 1, the film being silicon nitride or having a composition close to silicon nitride.
  - The method of claim 1, the film being one of a silicon film, a doped silicon film, and a hydrogenated-silicon film.
    - 8. The method of claim 1, the film being one of a metal and an alloy film.
- A semiconductor device comprising a film fabricated according to the method of claim 1
  - 10. The semiconductor device of claim 9, the semiconductor device being one of a metal oxide semiconductor field effect transistor device, a thin film transistor, and a silicon on insulator device.
- The semiconductor device of claim 9, the semiconductor device being a photovoltaic device.
  - 12. An electro-optical apparatus comprising the semiconductor device of claim 9
  - A memory device comprising a film fabricated according to the method of claim 1.
  - 14. The memory device of claim 13, the memory device being one of a metal oxide semiconductor field effect transistor device, a thin film transistor, and a silicon on insulator device.

- The memory device of claim 13, the memory device being a photovoltaic device.
- 16. A method for fabricating a film, the method comprising: supplying electrical energy to a gas mixture of noble gas and reactant gas at a total pressure of 1 kPa to 110 kPa to create reactive species, the reactive species forming a film on a substrate.
- 17. A method for fabricating a film, the method comprising: supplying optical energy with a light of wavelength less than 200 nanometer to a mixture of noble gas and reactant gas to create reactive species, the reactive species forming a film on a substrate.
- A semiconductor device comprising a film fabricated according to the method of claim 17.
- A memory device comprising a film fabricated according to the method of claim 17.
- 20. A method for fabricating a semiconductor device, the method comprising:

a step of forming a film by supplying electrical energy to a mixture of noble gas and reactant gas at a total pressure of 90 kPa to 110 kPa to create reactive species, the reactive species forming a film on a substrate.

21. A method for fabricating a memory device, the method comprising: a step of forming a film by supplying electrical energy to a mixture of noble gas and reactant gas at a total pressure of 90 kPa to 110 kPa to create reactive species, the reactive species forming a film on a substrate.

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